### Celebrating 50 Years of the Older Americans Act Nutrition Program



# SOUTH CAROLINA BENEFITS

For 50 years, the Older Americans Act (OAA) Nutrition Program has ensured older adults have affordable and nutritious meals. The program promotes socialization and reduces food insecurity.



#### In South Carolina:

- Nearly 25,200 older adults receive meals.<sup>1</sup>
- An estimated 2.9 million meals are served each year.<sup>2</sup>



The OAA Nutrition Program is available to more than 1.2 million people ages 60+ in South Carolina.<sup>3</sup>

An estimated 9.3 percent of older adults in South Carolina are food insecure.





South Carolina receives nearly \$9 million<sup>5</sup> to provide services through 101 local programs.<sup>6</sup> Nationally, the vast majority of participants say the program improves their health and independence.<sup>7</sup>





#### **Need Support?**

To find nutrition services for older adults in South Carolina, go to <a href="www.aging.sc.gov/nutrition">www.aging.sc.gov/nutrition</a> or call 1-800-868-9095.

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### **REFERENCES**

- 1. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
- 2. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
- 3.U.S. Census Bureau, American Community Survey. (2020). Retrieved from <a href="https://data.census.gov/cedsci/table?q=american%20community%20survey&g=0400000US45">https://data.census.gov/cedsci/table?q=american%20community%20survey&g=0400000US45</a>. Note that 60+ data was determined through the addition of 60 to 64 data and 65 and over data.
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- 5. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
- 6. Administration for Community Living. Data Source: Older Americans Act State Program Report, FY 2020. Accessed August 10, 2022.
- 7. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.